

HEALTH TOURISM

*special hospitals for medical rehabilitation,
health resort/spa, thermal resort*

December 2022

THALASSOTHERAPIA CRIKVENICA

Data on activities and specifics of the offer

Thalassotherapia Crikvenica offers services of specialist examinations, follow-up diagnostic and therapeutic procedures and rehabilitation programs in the following areas:

- otorhinolaryngology
- pulmonology
- physical and rehabilitation medicine
- paediatrics: pulmonology, allergology, cardiology, dermatology, rheumatology, nephrology
- cardiology
- dermatology and venereology
- baromedicine.

The rehabilitation of respiratory organs (pulmonary rehabilitation) includes a combination on non-invasive diagnostic and therapeutic procedures that solve chronic, allergic, acute and subacute respiratory diseases. The rehabilitation of the upper and lower respiratory tract is led by specialists in otolaryngology and pulmonology, that is, paediatric pulmonology in children. The rehabilitation is carried out in the equipped Inhalation Department that has a unique method of inhalation with sea water and essential oils.

The physical therapy and rehabilitation program includes a specialist examination by specialist in physical and rehabilitation medicine as well as diagnostic procedures after which the patient is sent to physiotherapy. Rehabilitation is carried out for conditions that are a result of orthopaedic surgery, injuries of the articular system, rheumatic and neurological diseases. A rehabilitation program for lymphedema is conducted under the leadership of the dermatological infirmary and in collaboration with a team of physiotherapists.

Medical wellness implies the offer of programs aimed at the prevention of diseases and improvement of health. The medical wellness services are based on the principles of medical application of thalassotherapy and climatotherapy and include exercises and relaxation in the sea-water pool, medical massage, fitness in the medical rehabilitation Park and aimed preventive programs. In addition to top medical services, clients may enjoy accommodations in rooms and apartments close to the sea.

CONTACT

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BIZOVAČKE TOPLICE PHYSICAL REHABILITATION CENTER

Data on activities and specifics of the offer

The following treatment methods are available at the Bizovačke Toplice Physical Rehabilitation Center: hydrotherapy (carried out in pools with thermal mineral water), hydrogymnastics, underwater massage, two-cell and four-cell galvanic baths. Kinesitherapy is carried out in units for individual exercise and in units adjusted to smaller groups. All forms of electrotherapy are used in the spa: galvanization, electrostimulation, diadynamic therapy, interferential therapy, tens, ultrasound, laser, magnetotherapy. When it comes to thermal procedures, paraffin and sollux are used. The spa also uses devices for pressotherapy that are intended for lymphatic drainage. Manual lymphatic drainage is also applied and performed.

Indications for rehabilitation refer to diseases and injuries of the musculoskeletal system, orthopaedic and post-traumatic conditions, chronic rheumatic diseases, inactive inflammatory rheumatic diseases, sport injuries rehabilitation, overtraining syndrome, rehabilitation of chronic diseases and provision of services in case of brain and spinal cord injuries and injuries of peripheral nerves as well as treatment of other neurological diseases: multiple sclerosis, polyneuropathy, cerebral palsy.

The beneficial effect of thermal mineral water is also seen in patients that suffer from psoriasis. Thermal mineral water is a balneological hyperthermal, mineral, fluorid, iodine, sodium-hydrocarbonate chloride water which is especially preferred by elderly patients. Its beneficial composition, warmth and rich mineralization are especially beneficial for treating diseases and injuries of the locomotor system.

As the only centre of robotic neurorehabilitation in east Croatia, it offers robotic neurorehabilitation of upper and lower limbs through individual programs of rehabilitation. Indications in which robotic neurorehabilitation helps in the recovery of the lower and upper limbs are stroke, multiple sclerosis, cerebral palsy, spinal cord injuries, damages that are consequent to surgeries, neoplasms of the central nervous system, brain trauma, Parkinson's disease, degenerative joint diseases of lower limbs, muscle atrophy, muscle weakness due to lack of mobility, other conditions with impaired gait biomechanics. The therapeutic procedure is personalized for every patient, the progress is regularly measured and the results are evaluated.

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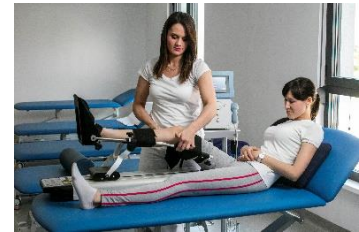


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SPECIAL HOSPITAL FOR MEDICAL REHABILITATION "BIOKOVKA"

Data on activities and specifics of the offer

“Biokovka” is a rehabilitation facility for patients suffering from rheumatic diseases (inflammatory and degenerative rheumatism, osteoporosis), trauma patients (polytraumatized patients, conditions that are a consequence of contusions, fractures and similar), orthopaedic patients (conditions that follow orthopaedic surgery - partial endoprostheses, total endoprostheses, osteosynthesis and similar) neurological patients (conditions that follow strokes, injuries and inflammation of peripheral nerves, compression syndromes, spinal pain), neurosurgical patients (conditions that follow herniated disc surgery in the neck, thoracic and lumbosacral segment, neurological deficit caused as a result pathological interventions on the central nervous system), cardiac patients (conditions after myocardial infarction, aortocoronary bypass, etc.). Special hospital for medical rehabilitation „Biokovka“ also provides diagnostic services: ultrasound of the musculoskeletal system, isokinetic dynamometer and other.

There are two sea water pools available: a therapeutic pool with temperature up to 34°C and a sports pool with temperature up to 26°C, a fitness centre, saunas, medical rehabilitation services. Types of physical therapy: ultrasound, shock wave therapy, magnetotherapy, electrotherapy, Tecar therapy, kinesitherapy, massages, fango, laser, hydrotherapy, aerosol. Diagnostic and therapy services (ultrasound of the musculoskeletal system, isokinetic dynamometer, spirometer, clinical examination, laboratory tests, EKG, inhalations) and a nutritionist services (counselling, creating a menu, creating a diet therapy program).

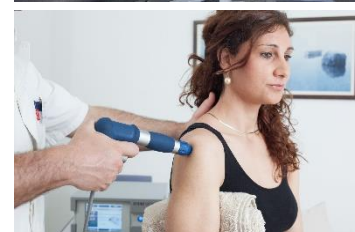
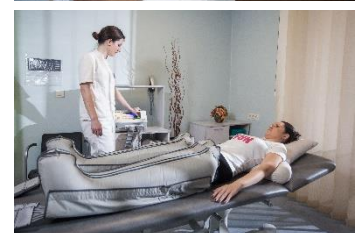
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DARUVARSKE TOPLICE SPECIAL HOSPITAL FOR MEDICAL REHABILITATION

Data on activities and specifics of the offer

Daruvarske toplice Special hospital for medical rehabilitation is specialized for treating rheumatic diseases, providing medical rehabilitation, fitness and health tourism and has a long tradition in treatments that involve natural healing factors - thermal water and mineral mud. Hospital provides services for vertebral and vertebrogenic syndromes, inflammatory rheumatic diseases, degenerative diseases of the spine and joints, postoperative rehabilitation, neurological rehabilitation, rehabilitation of children with developmental disorders, chronic pain conditions and overtraining syndrome.

It offers the following methods of physical therapy: different electro procedures, laser, ultrasound, HILT therapy, Inter X, Balance platform ("Sigma"), PABLO. Treatment with natural factors consists of hydrotherapy and fango dressing. Specific forms of kinesitherapy are also included in the offer: PNF (proprioceptive neuromuscular facilitation), Bobath treatment (a therapeutic approach oriented to solving problems through the assessment and treatment of persons with disorders of functioning, movement and postural control as a consequence of a lesion of the central nervous system), McKenzie method (therapeutic treatment that refers to the treatment of the spine according to the McKenzie concept - testing, evaluation, mobility or manipulation accompanied by education on proper posture), DNS (dynamic neuromuscular stabilization).

The "Joy of life" program that helps with infertility is also offered. Hospital provides individual health treatment of athletes, preparation of athletes, nutrition of top athletes, medical wellness programs, face and body treatments, anti-stress health program, weight loss programs, wellness&spa, fitness, team building, excursions, pools and other fitness programs.

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ISTRIAN THERMAL RESORT

Data on activities and specifics of the offer

Istrian Thermal Resort is registered for conducting preventive medical care, specialist - consultative and hospital rehabilitation by application of natural healing sources (water and mud), preventive examinations, functional diagnostics and therapy, providing of medication therapy according to indication, prevention of disability and rehabilitation of disabled persons, balneotherapy, preparing of food and food service provision, preparing and serving drinks and beverages and providing accommodation.

It has been proven in practice and scientifically that the unique water composition used in the Istrian Thermal Resort successfully helps in treating chronic rheumatic diseases, degenerative diseases of the locomotor system, dermatological diseases (psoriasis, various dermatoses), diseases of the upper respiratory tract (sinusitis, laryngitis), gynaecological diseases (chronic inflammation and secondary infertility) and postoperative conditions of the spine, bones, joints.

Different therapeutic services treat different needs and problems of the patient. Hydrotherapy, thermotherapy, kinesiotherapy, electrotherapy, massage, aromatherapy and inhalation services are offered as part of physical therapy, as well as Schumann - 3D therapy that is used for rapid relief of pain related to different problems, and Kaltenborn/Evjenth mobilization techniques that apply on the locomotor system. PNF - proprioceptive neuromuscular facilitation stimulates and facilitates muscle work, reduces pain or reteaches movements (for example after a stroke or brain injury). The Thermal Resort also offers CLT, DNS, EMMTECH, CYRIAX, lymphatic drainage and yoga, and a diverse wellness centre program.

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SPECIAL HOSPITAL FOR MEDICAL REHABILITATION KALOS

Data on activities and specifics of the offer

The geographical position and depth of the Veluk bay have caused the sedimentation of healing mud in the Kale Bay for millennia. At the bottom of the bay is the source of radioactive water Kalac. The combination of peloid deposits and radon water is unique in the Adriatic. Aside from the healing liman and mineral water, the healing etesian climate contributes to the healing condition. The combination of said factors and procedures of modern physical therapy and rehabilitation makes treatments in the Special hospital for medical rehabilitation Kalos especially effective.

Based on several scientific research conducted by the Institute of Oceanography and Fisheries in Split, Balneological laboratory JAZU, Croatian Meteorological and Hydrological Service and the chemical laboratory of prof. Schnell in München that confirmed the curative properties of the mud, Kalos gained the status of a hospital for medical rehabilitation.

The medical treatments that the Specialized hospital for medical rehabilitation Kalos offers are: program for treating rheumatic disease (rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis- M. Bechterew), degenerative changes in the joints, arthrosis of hips, knees, shoulders, joints, hands and other joints, degenerative changes of the spine with consequent vertebral and vertebrogenic syndromes, different types of extra-articular rheumatism (periartthritis, enthesitis, muscular rheumatism, myogelosis), programs for treating neurological diseases (hemiparesis, peripheral neuropathy, various neuromuscular diseases (polyradiculoneuritis, muscular dystrophy), special packages for retired/elderly persons.

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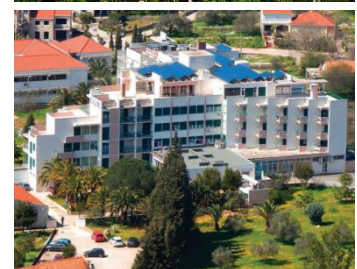


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SPECIAL HOSPITAL FOR MEDICAL REHABILITATION KRAPINSKE TOPLICE

Data on activities and specifics of the offer

Special hospital for medical rehabilitation Krapinske Toplice conducts activities of hospital treatments in the areas of physical and rehabilitation medicine, general internal medicine and intensive care medicine, cardiology, neurology and rheumatology, specialist - consultative health care in the area of physical and rehabilitation medicine, general internal medicine and intensive care medicine, cardiology, neurology and rheumatology, endocrinology, diabetology and clinical radiology, activities of medical-biochemical laboratory, speech therapy, psychology, emergency medicine for the needs of general internal medicine, cardiology and neurology, day hospital in the area of physical and rehabilitation medicine, general internal medicine, cardiology, neurology and rheumatology, health tourism - provision of services of diagnostic and therapeutic procedures, health care and procedures of medical rehabilitation in addition to providing accommodation and tourism services as well as providing transport for patients, supplying users with fresh water from the thermal aqueduct, business of social counselling and assistance.

The medical programs are based on the application of natural healing factors (thermal water and mud - fango) combined with modern procedures of physical and rehabilitation medicine. In addition to medical rehabilitation, preventive programs, fitness and physical examination are provided. The hospital has complete medical diagnostics (radiological, laboratory, cardiological and neurological, as well as biomechanical isokinetic diagnostics and rehabilitation) that is needed for treatment and monitoring of the results of treatment.

The hospital offers treatments and rehabilitation of consequences of head and brain injuries and other neurological diseases, cardiac patients with angina pectoris, heart attack and post-heart surgery, all types of post-traumatic condition of the locomotor system, post-orthopaedic surgeries, degenerative conditions, rheumatism, diabetes with neurological and circulatory complications, patients with peripheral vascular disease. The following treatments also offered in the hospital - hydrotherapy, electrotherapy, therapeutic procedures of specific electrostimulation, ultrasound therapy, pain management, thermotherapy, phototherapy, laser therapy, kinesitherapy and occupational therapy. Robot-assisted therapy, specific forms of cardiac rehabilitation and post-COVID rehabilitation are also carried out.

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NAFTALAN, SPECIAL HOSPITAL FOR MEDICAL REHABILITATION

Data on activities and specifics of the offer

Naftalan, Special hospital for medical rehabilitation conducts activities of hospital health care that include activities of physical and rehabilitation medicine, rheumatology and dermatology and venerology, specialist-consultative health care that includes activities of physical and rehabilitation medicine, dermatology and venereology and health tourism.

It offers treatments of the following medical indications: skin diseases (psoriasis, atopic dermatitis, contact dermatitis, scleroderma, conditions caused by burns), musculoskeletal diseases: inflammatory rheumatic diseases (rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, degenerative changes of joints and spine, extra-articular rheumatism), blood vessel diseases (Burger's disease, Mb. Raynaud's) diseases and damages to the central and peripheral nervous system (polyneuropathy, paresis, radiculopathy), post-traumatic and postoperative rehabilitation of the locomotor system, conditions caused by burns.

Natural healing factors, specifics of the offer:

Naphthalan, thermal mineral water - from a depth of 1300 meters. Electrotherapy - various therapy procedures in treating diseases of the locomotor system. Phototherapy - applied on patients with skin diseases. Simultaneous application of naphthalene therapy and phototherapy provides a better therapeutical effect. In addition to the natural and selected therapies, paraffinotherapy, cryotherapy, hydrotherapy, manual and vibromassage is also applied. The complex application of physical therapy procedures makes the treatment more successful and complete.

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THALASSOTHERAPIA OPATIJA

Data on activities and specifics of the offer

Thalassotherapia Opatija was established in 1957 as a health facility that introduced professional and modern diagnostic, prevention and rehabilitation of patients with cardiovascular disease. The facility is specialized for conducting the following activities - cardiology, sports medicine, physical and rehabilitation medicine, rheumatology, neurology, radiology, dermatology, aesthetic surgery, psychology, nutrition, laboratory, medical wellness.

The specific offers of the Thalassotherapia Opatija are reflected in Clinic for Treatment, Rehabilitation and Prevention of Heart and Blood Vessels Diseases. In the area of prevention of heart and blood vessels diseases, Thalassotherapia Opatija offers a complete, modern approach to repression of different factors, so its work emphasizes the prevention and treatment of obesity and various other specific programs within the frames of primary and secondary prevention, permanent educational programs for hospitalized patients that are open to all members of the community.

The hospital is connected to "Villa Dubrava" that can accommodate 36 persons and holds a medical wellness of 2500 m², which satisfies all the needs of a modern person that wants to heal and relax.

The health tourism offer reflects in the activities of the Reference Centre for Health Tourism and Medically Programmed Vacations of the Ministry of Health of the Republic of Croatia. The professional activity of the Reference Centre is continuously intertwined with science research and teaching activities in the facility.

CONTACT

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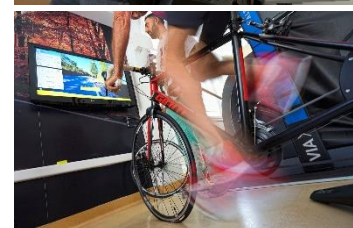
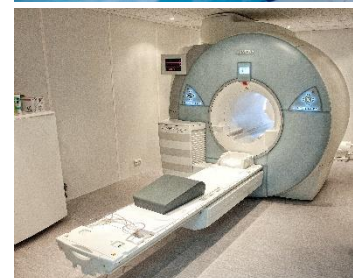


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SPECIAL HOSPITAL FOR ORTHOPEDICS AND REHABILITATION "MARTIN HORVAT" ROVINJ-ROVIGNO

Data on activities and specifics of the offer

Special Hospital for Orthopedics and Rehabilitation "Martin Horvat" Rovinj-Rovigno is a modern health centre for rehabilitation and treatment of disease of the locomotor system. The facility is registered for hospital activity in the area of physical and rehabilitation medicine, specialist-consultative activity in the area of physical and rehabilitation medicine, orthopaedics and traumatology, orthopaedics diagnostic (RTG and ultrasound diagnostic of the locomotor system, neurology, activity of physical therapy that include kinesitherapy, hydrotherapy, electrotherapy, thalassotherapy and climatotherapy and the activity of health tourism in providing health services - diagnostic and therapeutic procedures, health care and procedures of medical rehabilitation.

The facility is specific because it conducts therapy and rehabilitation before and after surgery of the locomotor system, post-amputation rehabilitation, rheumatological rehabilitation, spinal rehabilitation, craniocerebral rehabilitation, all other rehabilitation carried out by physical and rehabilitation medicine, rehabilitation of neurological problems after a stroke, rehabilitation of neurological diseases, multiple sclerosis, muscular dystrophy, cerebral palsy, amyotrophic lateral sclerosis and rehabilitation of neuro-risk children. It offers diagnostics and programs of pre and post operative rehabilitation, therapy for acute and chronic pains, programs of rehabilitation and prevention, as well as a closed pool with heated sea water.

As part of the hospital complex, there is a unique medical-therapeutic beach that enables therapy (entering and exiting the sea for all people with disabilities) and a therapeutic park and training ground for outdoor exercise. During the stay in the hospital, medical specialists, massages and therapy services, such as aromatherapy and sport massage, shock wave, medical massages and various other treatments, are available.

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SPECIAL HOSPITAL FOR MEDICAL REHABILITATION STUBIČKE TOPLICE

Data on activities and specifics of the offer

The hospital is registered for conducting hospital and specialist - consultative activities in the area of physical and rehabilitation medicine, general internal medicine, neurology and clinical radiology, activities of physical therapy and health tourism - provision of health services - diagnostic and therapeutic procedures, health care and procedures of medical rehabilitation in addition to providing accommodation services and/or tourism services.

The hospital is equipped with modern ultrasound and RTG diagnostic, and with internist - cardiology and neurophysiology laboratory with modern medical equipment. The following procedures are conducted in the facility: physical therapy - curative procedures take place in a closed pool - hydrogymnastics, individual baths in Hubbard tubs and underwater massage, group and individual programs of medical and corrective gymnastics in two modernly equipped gyms; occupational therapy at polyclinic and neurology departments; shock wave therapy (Swiss Dolorclast, extracorporeal shockwave therapy, ESWT), Kinesio, electrostimulation of muscles (COMPEX), KOTZ, KV diathermy (deep heat therapy); ultrasound according to Seltzer, Fango therapy - medicinal mud, Kinetek, Bobath, McKenzie method, PNF, exercises in suspension, laser therapy, transcutaneous nerve stimulation (TENS), magnetotherapy.

There is also a wellness/spa centre available (pool, whirlpool, massage, sauna). The natural healing factor is thermal water, whit spring temperature at 69°C. According to the analysis and balneological classification conducted in 1997 in the in the balneological laboratory of the Department of Physical Medicine and Rehabilitation of the School of Medicine, University of Zagreb, the water is composed of calcium (Ca) - magnesium (Mg) - hydrogen carbonate (HCO₃) - sulphate (SO₄) hypothermic and is characterized with a radioactivity of 3.16 Mach units.

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TOPUSKO HEALTH SPA

Data on activities and specifics of the offer

In addition to successful treatments with thermal water and medicinal mud (peloid), the Topusko Health Spa follows the most modern treatment trends by providing high-quality services using modern medical equipment in newly renovated premises. Top doctors, physicians, internist, and educated teams of physiotherapist and nurses ensure a complete and professional service of treatment and rehabilitation in the area of physical and rehabilitation medicine that aims to treat and prevent diseases and to improve one's health and quality of life.

Rehabilitation of rheumatic, degenerative and neurological diseases, metabolic diseases of the locomotor system, pre-operative and post-operative conditions of the locomotor system - painful spine syndromes and sports injuries - is carried out in the Topusko Health Spa.

In addition to services offered to adult users, a highly specialized team consisting of a neurophysiatrist, a physiotherapist with a completed international course in neurodevelopmental therapy according to Bobath, a Schroth therapist and an occupational therapist, provides services of diagnostics and rehabilitation of children from the early age using modernly equipped and specially adapted premises.

The Topusko Health Spa, in addition to being a facility that has a contract with the Croatian Health Insurance Fund, provides health tourism services and programmed active vacation, all in collaboration with the subsidiary company TOP-TERME d.o.o. that offers accommodation.

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SPECIAL HOSPITAL FOR MEDICAL REHABILITATION VARAŽDINSKE TOPLICE

Data on activities and specifics of the offer

The largest and oldest thermal resort in the Republic of Croatia in the service of health and a century of experience provide hospital and specialist - consultative health care in the field of physical and rehabilitation medicine, activities of specialist - consultative treatment and non-health activities that are performed on a smaller scale or, usually, in addition to the activities of hospital and specialist - consultative health care, scientific-educational activity, activity of health tourism, accommodation, tourism and trade.

Guided by a deep awareness of the importance of health and the prevention of health problems, their mission was to create the highest quality programs that they implement through health tourism services. In creating the programs, they are guided by individual approach to every user, making aimed programs for maintaining and improving overall health and quality of life.

The team is composed of quality experts that recognized the value of natural healing factors, thermal water and medicinal mud, on the bases of which the recognizable profile of the thermal resort is built through:

Medical services - including preventive, diagnostic, therapeutic procedures of which we would single out: EMMETT, BOWEN, DNS, PNF, BOBATH, KINESIOTAPING, CLT, DRY NEEDLING, TECAR therapy, shock wave therapy and robotic therapy.

Spa services - aimed at achieving a general feeling of well-being with the benefits of thermal water, sulphur baths and peloid therapy.

Medical wellness services - conducted in modernly equipped health Centre Minerva Medica through the engagement of certified therapists who use special techniques to create a unique experience.

Health programs - the most recognizable of which are the following: preventive health care programs, sports medicine and athlete preparation programs, weight loss programs, recovery and relaxation programs.

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HEALTH RESORT VELI LOŠINJ

Data on activities and specifics of the offer

The Health Resort Veli Lošinj is a legal successor of the Hospital for Children's Diseases with a department for adults, which has been operating in the area of Veli Lošinj since 1957. Through its history, the area of the Health Resort was used for health activity based on the application of natural health factors. The development of the Health Resort Veli Lošinj as climate health resort that aimed to improve sanatorium activities and tourism is part of the facility's development plan.

Health Resort services refer to treatment services in a broader sense, including services for preserving and improving health. As part of the Health Resort, there are respiratory and asthma treatment programs, allergy treatment programs, skin disease treatment programs and improvement of the skin condition through dermatology and medical cosmetology, psoriasis treatment programs, postoperative locomotor system rehabilitation programs, cardiovascular system disease prevention programs, treatments that mitigate the impact of stress and various programs to improve resistance and regeneration of the organism, adopt healthy lifestyle habits and programs for maintaining vitality in the old age. Those programs and treatments are based on various medical and behavioural therapies and on a healthy diet adapted to fitness and relaxation.

The Health Resort programs are based on the convenience of the natural conditions at the location - a mild Mediterranean climate characterized by a large number of sunny hours throughout the year, a clean sea and large pine forests and Mediterranean vegetation surrounding the Health Resort.

Specifics of the offer: very important maritime health factor, favourable climatic elements (temperature, air pressure and humidity and wind regime) have favourable impact on the human body, the air - very important maritime health factor that in Veli Lošinj is slightly loaded with the tested ingredients (sulphur dioxide, smoke and sediment), the excellence of the health factors of Lošinj - favourable sea temperature, clear water and lack of harmful ingredients are the basis of the favourable effect of sea water on the human body. Strictly dosed solar radiation, infra-red (IR) and ultraviolet (UV) rays have a favourable effect on the growth and development of children and on the recovery and fitness of adults.

CONTACT

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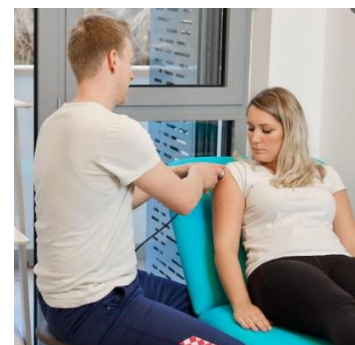


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SPECIAL ORTHOPAEDIC HOSPITAL BIOGRAD NA MORU

Data on activities and specifics of the offer

The Special orthopaedic hospital Biograd na Moru performs hospital and specialist-consultative health care of patients with acute and chronic diseases, according to the area of specialization. The facility is registered for specialist-consultative health care with a specialist diagnostic and day care, providing health services in tourism in accordance with special regulations, as well as diagnosing, treatment and medical rehabilitation, health care, accommodation and nutrition of orthopaedic and trauma patients, patients who undergo physical and rehabilitation medicine, patients that need extended or long-term treatment and palliative care.

The special orthopaedic hospital is a modern centre for treatment of orthopaedic diseases. The hospital operates through three departments:

orthopaedic - hip and knee arthroplasty, joints arthroscopy, traumatology of the locomotor system, reconstructive surgery, treatment of disc herniation with non-specific cytokine therapy (treatment algorithm), degenerative spinal diseases, children's orthopaedics, congenital anomalies.

extended treatment - treatment of subacute conditions after orthopaedic surgery, diagnostic and other options adapted to the purpose of the special hospital.

physical and rehabilitation medicine - rehabilitation and treatment of orthopaedic patients, rehabilitation of trauma patients, rehabilitation and treatment of rheumatic patients, rehabilitation of neurology patients and metabolic diseases of the locomotor system.

The hospital meets the standards of providing services of medical wellness in the area of health tourism. The hospital offers accommodation for an extra charge in extra-standard rooms.

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TOPLICE LIPIK - SPECIAL HOSPITAL FOR MEDICAL REHABILITATION

Data on activities and specifics of the offer

Toplice Lipik - Special hospital for medical rehabilitation performs hospital activity: physical and rehabilitation medicine; specialist-consultative health care, diagnostics and medical rehabilitation in the area of physical and rehabilitation medicine, neurology, rheumatology, general internal medicine, supplying hospitals with medication and medical products; activities of physical therapy; speech therapy; health tourism - providing health services - diagnostic and therapeutic procedures, health care and the procedures of medical rehabilitation along with providing accommodation and/or tourism services.

The hospital is specialized for rehabilitation of neurological conditions and diseases, spinal pain and radiculopathy, inflammatory rheumatic diseases, post-operative rehabilitation, degenerative diseases of spine and joints, overtraining syndrome, urinary disorders.

Specifics of the offer:

Individual physiotherapy procedures and techniques: Bobath, McKenzie method, PIR, Mulligan method, PNF concept, K-tape, joint and soft tissue mobilization, extensomat, medical flossing, DNS, MOTOMED, kinetek.

Pain relief electrotherapy procedures: Inter X, shock wave, TENS, DDS, laser, UZV, IF, galvanization, electrostimulation of pelvic floor muscles, Seltzer ultrasound, Biofeedback.

Hydrotherapy and thermal procedures: therapeutic exercise in a pool filled with thermal mineral water, therapeutic exercises in a Hubbard tub filled with thermal mineral water, underwater massage with thermal mineral water, pearl bath in marble tubs, paraffinotherapy, Solux lamp, Biopton lamp, cryotherapy.

Massages: Vibromassage, sports, classic, relaxing or medicinal manual massage, aromatherapy massage, lymphatic drainage.

Occupational therapy and speech therapy.

Closed pool - water temperature is 32-33 °C.

Specialist examination, EMG of arms and legs, ultrasound examination of the locomotor system.

CONTACT

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